



## JUNE MENU

### Starter

HOUSE SALAD, Arugula, Sliced Pears, Green Onion, Parmesan, Balsamic Dressing

### Entrees

#### Option 1: CHEF'S SALAD (can be Vegetarian without Turkey and Ham)

*Turkey & Ham on a bed of lettuce, cherry tomatoes, peas, hard-boiled egg and shredded cheddar cheese. Served with Ranch or Bleu Cheese Dressing. Kidney Beans for Vegetarian.*

#### Option 2: FISH TACOS with SPANISH RICE

*Delicious Fish cooked to perfection, place in Corn Tortillas topped with a fresh slaw, garnished with cilantro and fresh lime Spanish Rice served on the side.*

#### Option 3: BEEF BROCCOLI STIR-FRY

*Tender beef and broccoli tossed and cooked in a homemade ginger sauce, served over fried rice.*

#### Option 3: SANDWICH AND SOUP

Week 1 Chicken Sandwich & Veggie Soup

Week 2 Tuna Melt & Carrot and Ginger Soup

Week 3 Egg Salad Sandwich & 8 Bean Soup

Week 4 Chicken Sandwich & Veggie Soup

*This service is subsidized by a federally funded program through the Older Americans Act. For diners over 60 years of age (inquire for exceptions), we ask for a \$4.00 donation or any amount you are able to afford. For diners under 60, the cost is \$6.50. You will not be denied due to inability to pay.*

