

MEAL OPTIONS FOR NOBLE SPOON

Chicken Piccata

Grilled Chicken, Rice Pilaf, Lemon Caper Sauce, and Seasonal Vegetable

Salmon Risotto

With Arborio Rice, Grilled Asparagus, Parmesan Cheese

Meatloaf with Mashed Potatoes

Meat Loaf with Tomato Glaze, Seasonal Vegetables with Cheddar Bacon Potatoes

Fresh Vegetables and Tofu

With Black Beans, Couscous and Stir Fry Vegetables

Pasta Salad with Grilled Chicken

Whole Grain Pasta with Olive Oil Vinaigrette and Grilled Seasonal Vegetables

Spanish Cassoulet

Slow cooked Pork in Spicy Tomato Sauce, Cannellini Beans and Roasted Butternut Squash

Grilled Pork Tenderloin

Grilled Asparagus and Oven Roasted Red Potatoes with Apple Chutney

Chile Relleno

Roasted Pastille Peppers filled with Jack Cheese, Spanish Rice Salsa Verde and Cilantro

Gluten Free
