

Join us for the second installment of the countywide initiative supporting healthy aging across the lifespan.

**A Seminar for Seniors to Learn to Translate  
Research to Reality to Help Improve Brain Function**

**AGING  
TOGETHER**  
SONOMA COUNTY

# Healthy Brain - Healthy Aging

**Thursday, December 10 8:00am — Noon**

Finley Community Center  
2060 W. College Ave., Santa Rosa



## *Featured Speakers*

**Lucy Andrews, RN, DNP(c)**

*At Your Service Home Care*

**Dr. Nancy Hoffman**

*Geriatric Neuropsychologist*

8:00 a.m.	Registration, Refreshments, Visit Resource Tables
8:30 a.m.	Welcome
8:45 a.m.	Presentations
10:15 a.m.	Break and Visit Resource Tables
10:45 a.m.	Presentations
11:45 a.m.	Closing Remarks
11:50 a.m.	Visit Resource Tables

Reservations: [www.agingtogethersonoma.org](http://www.agingtogethersonoma.org)

For information: 707-565-5950

