

707-525-0383 - En espanol: 707-525-0143 EXT 134

FOR ANSWERS TO YOUR NUTRITION QUESTIONS CALL 707-525-0143
EXT 130 All Other Questions and Comments Call: 707-525-0383



Monthly Menu February 2018

Bistro

Cancellation Policy: If you need to cancel your meal delivery you must do so no later than noon the day before you plan to be away - Menus subject to change without notice.

					Saturday	Sunday
					Only Clients signed up for the weekend meal program receive weekend meals. Choice meal program is not available for weekend meals	
Monday	Tuesday	Wednesday	Thursday	Friday		
			1 Green Salad Bistro Braised Beef Gnocci with Fresh Spinach Bistro Grilled Fontina and Proscuitto Sandwich Bistro Pizza Veggie and Pepperoni Milk(cafe)1%	2 Brunch Fresh Fruit Salad Brunch French Toast Brunch Two Eggs, Bacon, Hashbrowns, Biscuit Brunch Eggs Benedict Brunch Huevos Rancheros Orange Juice	3	4
5 Bistro 1/2 Meatloaf Sammy With Pasta Salad Cauliflower Curry with Steamed Rice and Spring Roll Bistro Chicken Taco Salad with South West Dressing Bistro Wedge Salad and House Soup	6 Bistro 1/2 Meatloaf Sammy Cauliflower Curry with Steamed Rice and Spring Roll Bistro Chicken Taco Salad with South West Dressing Bistro Wedge Salad and House Soup Milk (cafe) 1%	7 Bistro 1/2 Meatloaf Sammy Cauliflower Curry with Steamed Rice and Spring Roll Bistro Chicken Taco Salad with South West Dressing Bistro Wedge Salad and House Soup Milk (cafe) 1%	8 Bistro 1/2 Meatloaf Sammy Bistro Chicken Taco Salad with South West Dressing Cauliflower Curry with Steamed Rice and Spring Roll Bistro Wedge Salad and House Soup Milk (cafe) 1%	9 Brunch Eggs Benedict Brunch French Toast Brunch Huevos Rancheros Brunch Two Eggs, Bacon, Hashbrowns, Biscuit Brunch Fresh Fruit Salad Milk (cafe) 1%	10	11
12 Bistro Chicken Taco Salad with South West Dressing Cauliflower Curry with Steamed Rice and Spring Roll Bistro 1/2 Meatloaf Sammy Bistro Wedge Salad and House Soup Fruit	13 Bistro Chicken Taco Salad with South West Dressing Cauliflower Curry with Steamed Rice and Spring Roll Bistro Wedge Salad and House Soup Bistro 1/2 Meatloaf Sammy Fruit	14 Bistro Chicken Taco Salad with South West Dressing Bistro Philly Sammy with Red Pepper Aioli Cauliflower Curry with Steamed Rice and Spring Roll Bistro Wedge Salad and House Soup	15 Bistro Chicken Taco Salad with South West Dressing Cauliflower Curry with Steamed Rice and Spring Roll Bistro Wedge Salad and House Soup Bistro 1/2 Meatloaf Sammy Fruit	16 Brunch Eggs Benedict Brunch French Toast Brunch Fresh Fruit Salad Brunch Huevos Rancheros Brunch Two Eggs, Bacon, Hashbrowns, Biscuit Orange Juice	17	18
19 Bistro Beef Meatballs and Spaghetti with Toasted Sour Dough Tuna Melt Linguini with Roast Vegetables and Spinach CHICKEN ENCHILADAS Fruit	20 Bistro Beef Meatballs and Spaghetti with Toasted Sour Dough Tuna Melt Linguini with Roast Vegetables and Spinach CHICKEN ENCHILADAS Fruit	21 Bistro Beef Meatballs and Spaghetti with Toasted Sour Dough Linguini with Roast Vegetables and Spinach Tuna Melt CHICKEN ENCHILADAS Fruit	22 Bistro Beef Meatballs and Spaghetti with Toasted Sour Dough Tuna Melt Linguini with Roast Vegetables and Spinach CHICKEN ENCHILADAS Fruit	23 Brunch Eggs Benedict Brunch French Toast Brunch Fresh Fruit Salad Brunch Huevos Rancheros Brunch Two Eggs, Bacon, Hashbrowns, Biscuit Cranberry Juice	24	25
26 Bistro Beef Meatballs and Spaghetti with Toasted Sour Dough Tuna Melt Linguini with Roast Vegetables and Spinach CHICKEN ENCHILADAS Fruit	27 Bistro Beef Meatballs and Spaghetti with Toasted Sour Dough Tuna Melt Linguini with Roast Vegetables and Spinach CHICKEN ENCHILADAS Fruit	28 Bistro Beef Meatballs and Spaghetti with Toasted Sour Dough Tuna Melt Linguini with Roast Vegetables and Spinach CHICKEN ENCHILADAS Fruit				