



Today's Menu

Starter

House Salad - greens, fresh pear, balsamic dressing, garnished with green onion and parmesan cheese

Entrees

Option 1: Greek Chicken Spinach Salad

Sliced succulent chicken breast, served over fresh spinach, sliced cabbage, olives, cherry tomatoes, red onion, bell peppers, garbanzo beans, drizzled with balsamic dressing, garnished with feta cheese

Option 2: Curry Tofu Cauliflower

Stir fried cauliflower, peas and carrots, sauteed in a rich and creamy curry sauce, served over brown rice, garnished with fresh green onion. Served with a spring roll

Option 3: Sauteed Pollock

Sauteed pollock, served over a bed of farrow, topped with black bean relish, garnished with fresh cherry tomatoes, and cilantro

Option 4: Spaghetti with Meatballs

Pasta in a delicious marinara sauce, topped with meatballs, garnished with fresh parsley, and parmesan cheese. Served with grilled french bread

Option 5: Ginger Beef & Broccoli

Stir fried beef, broccoli, peas and carrots, sauteed in a delicious ginger sauce, served over fried rice, garnished with green onion and sesame seeds

*This service is subsidized by a federally funded program through the Older Americans Act. For diners over 60 years of age, we ask for a \$4.00 donation or any amount you are able to afford. For diners under 60, the cost is \$6.50. *Please inquire for exceptions.*