

Who We Are

Council on Aging Services for Seniors is a private 501(c)(3) nonprofit organization that has been providing services for Sonoma County seniors and their families since 1966.

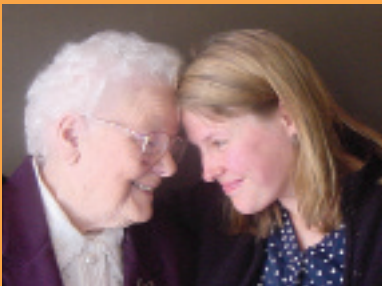
Some of our programs are funded in part by the Area Agency on Aging and others are fee based.

Our Core Values

- We are driven by compassion and commitment to service.
- We commit to excellence in everything we do.
- We demand integrity... at all times... everywhere.
- We anticipate, create and innovate.
- We work as a team with respect, trust and humor.

Who We Serve

Council on Aging serves older adults who live in Sonoma County and their families. We receive inquiries from seniors needing services, and referrals from concerned neighbors, physicians, attorneys, Adult Protective Services, and other agencies.



"Council on Aging saved my relationship with my mom... by allowing me to be her child and not her boss."

Our Mission:

To enhance the quality of life for our aging community by providing services that promote well-being and maintain independence.

www.councilonaging.com



30 Kawana Springs Rd. • Santa Rosa, CA 95404
707-525-0143 • Fax 707-525-0454



For info about our active aging program visit
www.winecountrygames.com

Look for **The Noble Spoon** entrées benefiting
Meals on Wheels, available at local markets!

**Sonoma County's Premier
Support Service For Seniors,
Family Members and Caregivers**

Programs & Services

Integrated services for older adults include:

Social Services

Information and Assistance:

- Information about senior services and access to needed services.

Care Navigator:

- Home visit to assess needs and recommend services.

Senior Social Club, an Adult Day Program:

- Socialization and care for seniors in clubs throughout Sonoma County.

Senior Care Coordination:

- Long-term care coordination by bonded, insured and supervised professionals.

Senior Peer Support:

- Trained volunteers who help seniors struggling with serious mental illness to access services.

Healthy Ideas:

- Depression screening, case management and referrals to appropriate professionals.

Family Justice Center:

- Elder advocacy and care coordination for victims of domestic violence and financial abuse.

Financial Services

Daily Money Management:

- Bonded and insured counselors who assist seniors in bill pay, checkbook reconciliation and other financial needs.

Conservatorships:

- Court-appointed fiduciaries for those unable to manage their financial affairs.

Trusts:

- Professional trust management services.

Legal Services

Estate Planning:

- Comprehensive legal services emphasizing estate planning (Trusts, Wills, Durable Powers of Attorney, and Advance Health Care Directives) for individuals age 50 and over.

Lawyer Referral Service:

- State Bar-certified referral service to a panel of elder law attorneys.

Nutrition Services

Meals on Wheels:

- Heart-healthy fresh meals delivered to home-bound seniors with short- to long-term needs.

Dining Sites:

- Nutritious meals and social connections at dining sites and Senior Social Clubs.

Therapeutic Meals:

- Special diets for vegetarian and renal needs, as well as nutritional counseling and education.



How You Can Help!

Donate

Council on Aging Services for Seniors depends on donations to fund these important services. Over 40% of our annual budget is funded by private donations, fundraising and bequests. Many of our services only request a donation from the senior receiving the service. Often clients cannot afford to donate, but those that can, do. Several of our senior clients even donate above and beyond, gladly helping those less fortunate.

Contact our Development Department at (707) 525-0143 x146 or donate@councilonaging.com. Or donate online at www.councilonaging.com/donate.

Volunteer

- Board Member
- Board Committee
- Senior Social Clubs
- Senior Peer Support
- Office Support
- Legal Services
- Case Management
- Special Events
- Meals on Wheels Driver

To volunteer, call: (707) 525-0143 x147.

